WHAT IS CLAIMED IS:

- 1. A system for holding and releasing a workpiece for electrochemical machining, the system comprising:
 - a workpiece holder having a workpiece surface configured to couple to the

 workpiece in response to a negative pressure being applied to the system

 to provide a seal between the workpiece and the workpiece surface;
 - a plenum disposed within the workpiece holder having a proximal end capable of being removably coupled to the workpiece; and
 - a piston configured to move upward in the plenum towards the workpiece and to lift the workpiece off of the workpiece surface in response to a positive pressure being applied to the system.
- 2. The system of claim 1, further comprising an electrode disposed above the workpiece by a machining gap, the electrode having a pattern and configured to provide a conductive electrolyte to the machining gap such that the pattern is imposed on the workpiece.
- 3. The system of claim 2, further comprising a radial locator capable of being removably coupled to the workpiece holder and configured to radially locate the workpiece on the workpiece surface.

- 4. The system of claim 2, wherein the workpiece surface is further configured to provide an anodic contact and to resist anodic corrosion.
- 5. The system of claim 4, wherein the workpiece surface comprises titanium.
- 6. The system of claim 2, wherein the workpiece surface has a finish with a roughness average of .05 to .1 microns.
- 7. The system of claim 2, further comprising a base having a locating surface and configured to support the workpiece holder.
- 8. The system of claim 7, wherein the degree of parallelism between the workpiece surface and the locating surface is 1 micron.
- 9. The system of claim 2, wherein the piston includes a base portion and an ejector pin, the ejector pin configured to lift the workpiece off of the workpiece surface.
- 10. The system of claim 9, wherein the ejector pin includes a magnet capable of removably coupling the workpiece to the ejector pin.
- 11. The system of claim 2, wherein the piston includes air passages configured to provide a flow path between the proximal end of the plenum and a vacuum port.

- 12. The system of claim 11, wherein the piston includes an O-ring configured to provide a seal between the air passages and the proximal end of the plenum in response to the positive pressure being applied to the system.
- 13. A method for holding and releasing a workpiece for electrochemical machining, the method comprising:
 - applying a negative pressure to a plenum to produce an air flow through the plenum;
 - loading the workpiece onto a workpiece surface to couple the workpiece to a proximal end of the plenum;
 - forming a seal between the workpiece and the workpiece surface to produce a pressure drop across the workpiece;
 - applying a positive pressure to the plenum; and lifting the workpiece off of the workpiece surface.
- 14. The method of claim 13, further comprising the step of providing a conductive electrolyte to a machining gap to impose a pattern on the workpiece.
- 15. The method of claim 14, wherein a piston that is configured to move upward within the plenum in response to the application of the positive pressure lifts the workpiece.

- 16. The method of claim 14, further comprising the step of coupling the workpiece to an ejector pin.
- 17. The method of claim 14, wherein the workpiece surface is configured to provide an anodic contact and to resist anodic corrosion.
- 18. A system for holding and releasing a workpiece for electrochemical machining, the system comprising:
 - means for applying a negative pressure to a plenum to produce an air flow through the plenum;
 - means for loading the workpiece onto a workpiece surface to couple the workpiece to a proximal end of the plenum;
 - means for forming a seal between the workpiece and the workpiece surface to produce a pressure drop across the workpiece;
 - means for applying a positive pressure to the plenum; and means for lifting the workpiece off of the workpiece surface.
- 19. The system of claim 18, further comprising means for providing a conductive electrolyte to a machining gap to impose a pattern on the workpiece.
- 20. The system of claim 19, further comprising means for coupling the workpiece to an ejector pin.